



Spring Term 1 – Key Stage 1 – Year A

History –

How has food changed over time? Who discovered certain foods? How was food prepared and cooked in years gone by?

WOW Starter – Introduction of Magic Porridge Pot story

WOW Conclusion –



Music links –

Learn songs about Food

Science Links –

Plants ~

How do plants produce food? Which part of a plant do we eat? Are all plants safe to eat?

Animals, including humans ~

Why is it important to eat a balanced diet?
How do different foods help my body?

Materials ~

How does food change as you cook it?

Food, Glorious Food!



Art and Design & Technology links –

Observational drawings of fruit
Designing, making and evaluating own healthy sandwich.
Making pancakes
Food hygiene



Maths –

Read, write and count to 100 and beyond.
Counting in a range of steps; Number bonds for 10, 20 and 100; Addition, subtraction, multiplication & division; Identifying and naming 2D or 3D shapes; Problem solving

Stand alone units –

PE-

Gym, Dance and multi-skills .

RE –

Why are some stories special?

PSHE – SEAL –

Going for Goals and Good to be me.

Possible Literacy links –

Talk for writing unit based on the story Magic Porridge Pot.

Report on how porridge is produced.

Stories based around food.

Non-fiction books to research the topic.

Poetry about food

