

PE curriculum 2016-2017 with use of REAL PE

Reception Curriculum Map for Physical Education						
	Term 1 (1)	Term 1 (2)	Term 2 (3)	Term 2 (4)	Term 3 (5)	Term 3 (6)
Time	7 Weeks	7 Weeks	6 ½ Weeks	6 Weeks	5 ½ Weeks	7 Weeks
Year R	PERSONAL SKILLS – co-ordination (floor movement patterns) and static balances.	SOCIAL SKILLS – dynamic balance to agility and seated static balances.	COGNITIVE SKILLS – dynamic balances and static balances (small base).	CREATIVE SKILLS – co-ordination: ball skills and counter balance in pairs.	PHYSICAL SKILLS – co-ordination with equipment and agility: reaction/ response.	HEALTH AND FITNESS – agility (ball chasing) and static balances (floorwork).

Key Stage 1 Curriculum Map for Physical Education						
	Term 1 (1)	Term 1 (2)	Term 2 (3)	Term 2 (4)	Term 3 (5)	Term 3 (6)
Time	7 Weeks	7 Weeks	6 ½ Weeks	6 Weeks	5 ½ Weeks	7 Weeks
Year 1	PERSONAL SKILLS – co-ordination (floor movement patterns) and static balances (one leg standing).	SOCIAL SKILLS – dynamic balance to agility and seated static balances.	COGNITIVE SKILLS – dynamic balances and static balances (small base).	CREATIVE SKILLS – co-ordination: ball skills and counter balances in pairs.	PHYSICAL SKILLS – co-ordination with equipment and agility: reaction/ response.	HEALTH AND FITNESS – agility (ball chasing) and static balances (floorwork).
Year 2	PERSONAL SKILLS – co-ordination (floor movement patterns), and static balances (one leg standing).	SOCIAL SKILLS – dynamic balance to agility and seated static balances.	COGNITIVE SKILLS – dynamic balance and static balances (small base).	CREATIVE SKILLS – co-ordination: ball skills and counter balances in pairs.	PHYSICAL SKILLS – co-ordination with equipment and agility: reaction/ response.	HEALTH AND FITNESS – agility (ball chasing) and static balances (floorwork).

KS2 Curriculum Map for Physical Education						
	Term 1 (1)	Term 1 (2)	Term 2 (3)	Term 2 (4)	Term 3 (5)	Term 3 (6)
Time	7 Weeks	7 Weeks	6 ½ Weeks	6 Weeks	5 ½ Weeks	7 Weeks
Year 3	PERSONAL SKILLS – co-ordination (floor movement patterns), and static balances (one leg standing).	SOCIAL SKILLS – dynamic balance to agility and seated static balances.	COGNITIVE SKILLS – dynamic balances and co-ordination: ball skills.	CREATIVE SKILLS – co-ordination with equipment and counter balances in pairs.	PHYSICAL SKILLS – agility: reaction/ response and static balances (floorwork).	HEALTH AND FITNESS – agility (ball chasing) and static balances (small base).
Year 4	PERSONAL SKILLS – co-ordination (floor movement patterns), and static balances (one leg standing).	SOCIAL SKILLS – dynamic balance to agility and seated static balances.	COGNITIVE SKILLS – dynamic balances and co-ordination: ball skills.	CREATIVE SKILLS – co-ordination with equipment and counter balances in pairs.	PHYSICAL SKILLS – agility: reaction/ response and static balances (floorwork).	HEALTH AND FITNESS – agility (ball chasing) and static balances (small base).
Year 5	COGNITIVE SKILLS – co-ordination: ball skills and agility: reaction/ response.	CREATIVE SKILLS: seated static balances and static balances (floorwork).	SOCIAL SKILLS – dynamic balances and counter balances in pairs.	PHYSICAL SKILLS – static balances (one leg standing) and dynamic balance to agility.	HEALTH AND FITNESS – static balances (small base) and co-ordination (floor movement patterns).	PERSONAL SKILLS – co-ordination with equipment and agility (ball chasing).
Year 6	COGNITIVE SKILLS – co-ordination: ball skills and agility: reaction/ response.	CREATIVE SKILLS: seated static balances and static balances (floorwork).	SOCIAL SKILLS – dynamic balances and counter balances in pairs.	PHYSICAL SKILLS – static balances (one leg standing) and dynamic balance to agility.	HEALTH AND FITNESS – static balances (small base) and co-ordination (floor movement patterns).	PERSONAL SKILLS – co-ordination with equipment and agility (ball chasing).